

LANCASTER BOB REALL CROSS COUNTRY INVITATIONAL
September 26, 2009

Fees – High School Varsity team races \$40.00
Junior High team races \$35.00
Junior High and High School open \$ 5.00 per individual
Maximum entry fee \$100.00 per school

*schools may enter only one team per race

*schools registering after 9/22/09 will be charged an additional \$25.00

Registration forms and information may be obtained at: www.lancastergoldengales.com

Registration and team roster – a registration form indicating division team races and open races entered is due to Pam Bosser by **Tuesday, September 22, 2009**. Roster entries will be on www.baumspage.com (8/30-9/22)

Course – located at the campuses of LHS and OU-Lancaster. It is a combination of rolling hills and flat areas. All junior high races will be 2 miles and all high school races will be 5000 meters.

Awards – **Junior High Team Races** – Medals to the top 50 & ribbons to places through 100. Team award To the top 5 teams.

Junior High Open Races – Medals to the top 25 & ribbons to places through 100.

High School Team Races – Plaques to the top 10 places. Medals to places through 50. Team Award to the top 3 teams. Award to coach of team champion.

High School Open Races – Medals to the top 25 places & ribbons to places through 75.

Time Schedule

10:00AM	Jr. High Boys Team (top 7 only)	1:30PM	Division III Girls Team Race
10:30AM	Jr. High Boys Open (grades 7 & 8)	2:00PM	Division II Boys Team Race
11:00AM	Jr. High Girls Team (top 7 only)	2:30PM	Girls Open (All Divisions)
11:30AM	Jr. High Girls Open (grades 7 & 8)	3:00PM	Division I Boys Team Race
12:00PM	Division III Boys Team Race	3:30PM	Division I Girls Team Race
12:30PM	Division II Girls Team Race	4:00PM	Division I Boys Open
1:00 PM	Division II & III Boys Open		

Spectators – **Admission Charge for Adults - \$6.00 and Students - \$4.00.**

NO PETS ALLOWED. Spectators can view almost the entire course from atop the terraced Starting and finishing areas. Coaches, please relay this information to parents and others attending the meet.

Shelter & Restrooms – located inside Lancaster High School. Ohio University – Lancaster is **not** available.

T-Shirts & Concessions are available from the Lancaster Athletic Booster Clubs.

Send **registration, and check** to: Lancaster High School
Athletic Department
Pam Bosser
1312 Granville Pike
Lancaster, Ohio 43130

Checks payable to:
Lancaster High School Athletic Department

Roster entries on www.baumspage.com

Contact information: LHS Athletic Department
Phone 740-681-7550
Fax 740-681-7552
Email a_lee@lancaster.k12.oh.us

Meet Manager
Pam Bosser 740-681-7550
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