

Purpose

The purpose of the Student Athletic Trainer Program at Lancaster High School is to expose interested high school students to the Allied Health Field of Athletic Training. Through hands on experiences, the program offers a student an opportunity to work directly under the supervision of an Athletic Trainer certified by the National Athletic Trainer's Association and licensed by the Ohio Physical Therapy, Occupational Therapy, and Athletic Trainers Board.

Students should be aware that not all of our prospective students have to be interested in Athletic Training as a future career. Prospective students could also be interested in becoming doctors, nurses, physician's assistants, and physical therapists among other areas. My main goal is to expose a student to this Allied Health Field of Athletic Training they can decide if this is an option for them at the collegiate level.

Admission Requirements

When an opening in the student Athletic trainer program become available, a interested student must make him/herself eligible by submitting an application for entrance. The application process includes the actual application and an interview with the Athletic Trainer. A student's academic progress, personality, work ethic, ability and willingness to learn are example of the characteristics looked for in a student athletic trainer prospect.

Requirements within the program

Once a student is accepted into the student Athletic trainer program at Lancaster High School, there are certain necessities that need to be met for the student to be successful.

Student athletic trainers help provide coverage for all practices and games at LHS.

All student athletic trainers will have specific job responsibilities in the Athletic Training Room.

Student athletic trainers need to follow all academic, training room rules, and policies set forth by the Lancaster High School and the Athletic Trainer.

Assist in keeping log-in records for injuries and injury treatments on computer and hand written.

Field/Court setup and tear down.

Student will become First Aid and CPR certified.

Suggested courses at the high school level

I strongly recommend these challenging courses of study if available:

Biology, Chemistry, Human Anatomy, Weight Training, Advanced Placement Biology, and Physics.

These courses directly relate to Athletic Training and other Allied Health curriculum in college. Hence they will provide the student with the academic experience they need to succeed.