

Doug Henwood – Head Track Coach

35 years total coaching at LHS; 15 years Head Girls coach, 3 years Head Boys and Girls coach

Won 7 out of the last 9 OCC Ohio Division championships

Won 8 Central District Titles

Won 2 Regional Titles and one runner-up

State: 5<sup>th</sup> in 2000, 6<sup>th</sup> in 2001, 2<sup>nd</sup> in 2005, 5<sup>th</sup> in 2006

6 time OCC Ohio Division "Coach of the Year"

6 time Central District "Coach of the Year"

Won State Track Coach's Sportsmanship, Ethics, and Integrity Award

Girls won 7 Individual State Championships (as head coach: Alyssa Gossel, Nicole Kendrick, Heather Powers, Alexis Lape)

Boys won 2 Individual State Championships (as asst. coach: Barry Walker, Sean Whittington)

Coached one All-State LB as an Asst FB coach (Trevor Walker)